GENERAL FILE PREPARATION

1.0 SUBMISSION PREPARATION

Paper Setup must be in A4 size with Margin: 2.5 cm or 1 inch, all about. Whole paper must be with: Font Name Times - New Roman, Font Size 10, Line Spacing 1.00, EXCEPT Paper Title which must be in Font Size 22, Bold with Single Line Spacing. Authors Name must be in Font Size 11, Bold, with Single Line Spacing. All MAIN HEADING must be in Upper Case, left, Numbering (1, 2, 3…etc) not more than 20 words. All Sub Heading must be in Title Case and Numbering (1.1, 1.2, 2.1, 2.1, 2.2…etc). References must be in Font Size 10, with single line spacing. For more details, please download TEMPLATE HELP FILE from the website (www.nijophasr.net).

2.0 PROCEDURE FOR PAPER SUBMISSION

This electronic document is a “live” template. The various components of your paper [title, text, heads, etc.] are already defined on the in the template

2.1 Review Stage
Submit your manuscript electronically for review.

2.2 Final Stage
When you submit your final version, after your paper has been accepted, prepare it in one-column format, including figures and tables using the official template.

3.0 FEATURES OF THE PAPER

3.1 Figures
To insert images in Word, position the cursor at the insertion point and either use Insert | Picture | From File or copy the image to the Windows clipboard and then Edit | Paste Special | Picture (with “Float over text” unchecked).

The authors of the accepted manuscripts will be given a copyright form and the form should accompany your final submission.

3.2 Math
If you are using Word, use either the Microsoft Equation Editor or the MathType add-on (http://www.mathtype.com) for equations in your paper (Insert | Object | Create New | Microsoft Equation or MathType Equation). “Float over text” should not be selected.

3.3 Units
Use either SI (MKS) or CGS as primary units. (SI units are strongly encouraged.) English units may be used as secondary units (in parentheses). This applies to papers in data storage. For example, write “15 Gb/cm² (100 Gb/in²).” An exception is when English units are used as identifiers in trade, such as “3½ in disk drive.” Avoid combining SI and CGS units, such as current in amperes and magnetic field in oersteds. This often leads to confusion because equations do not balance dimensionally. If you must use mixed units, clearly state the units for each quantity in an equation. The SI unit for magnetic field strength \( H \) is A/m. However, if you wish to use units of T, either refer to magnetic flux density \( B \) or magnetic field strength symbolized as \( \mu_0H \). Use the center dot to separate compound units, e.g., “A·m⁻¹.”
3.4 Figures and Tables
Place figure captions below the figures; place table titles above the tables. If your figure has two parts, include the labels “(a)” and “(b)” as part of the artwork. Please verify that the figures and tables you mention in the text actually exist. **Do not put borders around the outs of your figures.** Use the abbreviation “Fig.” even at the beginning of a sentence. Do not abbreviate “Table.” Tables are numbered with Roman numerals. Figure axis labels are often a source of confusion. Use words rather than symbols. As an example, write the quantity “Magnetization,” or “Magnetization $M$,” not just “$M$.” Put units in parentheses. Do not label axes only with units. As in Fig. 1, for example, write “Magnetization (A/m)” or “Magnetization (A·m$^{-1}$),” not just “A/m.” Do not label axes with a ratio of quantities and units. For example, write “Temperature (K),” not “Temperature/K.” Multipliers can be especially confusing. Write “Magnetization (kA/m)” or “Magnetization (10$^3$ A/m).” Do not write “Magnetization (A/m) $\times$ 1000” because the reader would not know whether the top axis label in Fig. 1 meant 16000 A/m or 0.016 A/m. Figure labels should be legible, approximately 8 to 12 point type.

3.5 General Body Text
3.5.1 Introduction
Highlight a section that you want to designate with a certain style, and then select the appropriate name on the style menu. The style will adjust your fonts and line spacing. **Do not change the font sizes or line spacing to squeeze more text into a limited number of pages.** Use italics for emphasis; do not underline.

3.5.2 Conclusion
Although a conclusion may review the main points of the paper, do not replicate the abstract as the conclusion. A conclusion might elaborate on the importance of the work or suggest applications and extensions.

3.5.3 References
Number citations consecutively in square brackets [1]. The sentence punctuation follows the brackets [2]. Multiple references [2], [3] are each numbered with separate brackets [1]–[3]. When citing a section in a book, please give the relevant page numbers [2]. In sentences, refer simply to the reference number, as in [3]. Do not use “Ref. [3]” or “reference [3]” except at the beginning of a sentence: “Reference [3] shows.” Please note that the references at the end of this document are in the preferred referencing style. Give all authors’ names; do not use “et al.” unless there are six authors or more. Use a space after authors’ initials. Papers that have not been published should be cited as “unpublished” [4]. Papers that have been submitted for publication should be cited as “submitted for publication” [5]. Papers that have been accepted for publication, but not yet specified for an issue should be cited as “to be published” [6]. Please give affiliations and addresses for private communications [7]. Capitalize only the first word in a paper title, except for proper nouns and element symbols. For papers published in translation journals, please give the English citation first, followed by the original foreign-language citation [8].

3.5.4 Abbreviations and Acronyms
Define abbreviations and acronyms the first time they are used in the text, even after they have already been defined in the abstract. Abbreviations such as SI, ac, and dc do not have to be defined. Abbreviations that incorporate periods should not have spaces: write “C.N.R.S.,” not “C. N. R. S.” Do not use abbreviations in the title unless they are unavoidable.

3.5.5 Equations
Number equations consecutively with equation numbers in parentheses flush with the right margin, as in (1). First use the equation editor to create the equation. Then select the “Equation” markup style. Press the tab key and write the equation number in parentheses. To make your equations more compact, you may use the solidus (/), the exp function, or appropriate exponents. Use parentheses to avoid ambiguities in denominators. Punctuate equations when they are part of a sentence, as in

\[
\begin{align*}
\int_0^\infty F(r, \varphi) \, dr \, d\varphi &= \frac{\sigma r_z \gamma^2}{(2 \mu_0)} \\
&\cdot \int_0^\infty \exp\left(-\lambda |z_j - z_i|\right) \lambda^{-1} J_i(\lambda r_2) J_0(\lambda r_1) \, d\lambda.
\end{align*}
\]
Be sure that the symbols in your equation have been defined before the equation appears or immediately following. Italicize symbols ($T$ might refer to temperature, but $T$ is the unit tesla). Refer to “(1),” not “Eq. (1)” or “equation (1),” except at the beginning of a sentence: “Equation (1) is ... .”

3.5.6 Acknowledgment
The preferred spelling of the word “acknowledgement” in British English is with an “e” after the “g.” Use the singular heading even if you have many acknowledgements. Avoid expressions such as “One of us (S.B.A.) would like to thank ... .” Instead, write “F. A. Author thanks ... .” Acknowledgement of technical assistance, financial supports (grants, funds), etc. should be brief.

4.0 OTHER RECOMMENDATIONS
Use one space after periods and colons. Hyphenate complex modifiers: “zero-field-cooled magnetization.” Avoid dangling participles, such as, “Using (1), the potential was calculated.” [It is not clear who or what used (1).] Write instead, “The potential was calculated by using (1),” or “Using (1), we calculated the potential.”

Use a zero before decimal points: “0.25,” not “.25.” Use “cm$^3$,” not “cc.” Indicate sample dimensions as “0.1 cm $\times$ 0.2 cm,” not “0.1 $\times$ 0.2 cm$^2$.” The abbreviation for “seconds” is “s,” not “sec.” Do not mix complete spellings and abbreviations of units: use “Wb/m$^2$” or “webers per square meter,” not “webers/m$^2$.” When expressing a range of values, write “7 to 9” or “7–9,” not “7~9.”

A parenthetical statement at the end of a sentence is punctuated outside of the closing parenthesis (like this). (A parenthetical sentence is punctuated within the parentheses.) In American English, periods and commas are within quotation marks, like “this period.” Other punctuation is “outside”! Avoid contractions; for example, write “do not” instead of “don’t.” The serial comma is preferred: “A, B, and C” instead of “A, B and C.”

If you wish, you may write in the first person singular or plural and use the active voice (“I observed that ...” or “We observed that ...”) instead of “It was observed that ...”). Remember to check spelling. If your native language is not English, please get a native English-speaking colleague to proofread your paper.

4.0 SOME COMMON MISTAKES
The word “data” is plural, not singular. The subscript for the permeability of vacuum $\mu_0$ is zero, not a lowercase letter “o.” The term for residual magnetization is “remanence”; the adjective is “remanent”; do not write “remance” or “remnant.” Use the word “micrometer” instead of “micron.” A graph within a graph is an “inset,” not an “insert.” The word “alternatively” is preferred to the word “alternately” (unless you really mean something that alternates).

Use the word “whereas” instead of “while” (unless you are referring to simultaneous events). Do not use the word “essentially” to mean “approximately” or “effectively.” Do not use the word “issue” as a euphemism for “problem.” When compositions are not specified, separate chemical symbols by en-dashes; for example, “NiMn” indicates the intermetallic compound $\text{Ni}_0.5\text{Mn}_{0.5}$ whereas “Ni–Mn” indicates an alloy of some composition $\text{Ni}_x\text{Mn}_{1-x}$.

Be aware of the different meanings of the homophones “affect” (usually a verb) and “effect” (usually a noun), “complement” and “compliment,” “discreet” and “discrete,” “principal” (e.g., “principal investigator”) and “principle” (e.g., “principle of measurement”). Do not confuse “imply” and “infer.”

Prefixes such as “non,” “sub,” “micro,” “multi,” and “ultra” are not independent words; they should be joined to the words they modify, usually without a hyphen. There is no period after the “et” in the Latin abbreviation “et al.” (it is also italicized). The abbreviation “i.e.,” means “that is,” and the abbreviation “e.g.,” means “for example” (these abbreviations are not italicized).

An excellent style manual and source of information for science writers is [9].

5.0 EDITORIAL POLICY
The submitting author is responsible for obtaining agreement of all coauthors and any consent required from sponsors before submitting a paper. It is the obligation of the authors to cite relevant prior work. Authors of rejected papers may revise and resubmit them to the journal again.

6.0 PUBLICATION PRINCIPLES
The contents of the journal are peer-reviewed and archival. The NIGERIAN JOURNAL OF PHARMACEUTICAL
AND APPLIED SCIENCE RESEARCH publishes scholarly articles of archival value as well as tutorial expositions and critical reviews of classical subjects and topics of current interest. Authors should consider the following points:

1) Technical papers submitted for publication must advance the state of knowledge and must cite relevant prior work.

2) The length of a submitted paper should be commensurate with the importance, or appropriate to the complexity, of the work. For example, an obvious extension of previously published work might not be appropriate for publication or might be adequately treated in just a few pages.

3) Authors must convince both peer reviewers and the editors of the scientific and technical merit of a paper; the standards of proof are higher when extraordinary or unexpected results are reported.

4) Because replication is required for scientific progress, papers submitted for publication must provide sufficient information to allow readers to perform similar experiments or calculations and use the reported results. Although not everything need be disclosed, a paper must contain new, useable, and fully described information. For example, a specimen's chemical composition need not be reported if the main purpose of a paper is to introduce a new measurement technique. Authors should expect to be challenged by reviewers if the results are not supported by adequate data and critical details.

REFERENCES

Unpublished work should not be included in the list of references. References should be listed using the following order:

**Journal Article:** If there are more than 6 authors, only the first 6 should be listed and the others should be represented with "et al."


**No Issue or Volume:** Danoek K. Skiing in and through the history of medicine. Nord Medicinhist Arsb 1982:86-100


**Monograph:** Matthews DE, Farewell VT. Using and Understanding Medical Statistics, ed 3, revised. Basel, Karger, 1996

**Book:**